

### Brunch

Granola Bowl Greek yoghurt, granola, berries, honey and compote.	£7.50
Porridge Bowl Porridge, cinnamon, honey and coconut shavings. (add fresh berries or banana for £1.50)	£ 6.00
<b>Fruity Teacake</b> Toasted teacake, jam and butter.	£4.00
Banana Loaf Topped with banana, coconut shavings and your choice of peanut butter or Nutella.	£7.50
Bakery Pastry	£4.00

fresh selection).	
Açai Bowl	£10.00
A healthy, build-your-own, goodness bowl	
made with organic premium Açai berries.	
Includes 4 toppings of your choice, see below:	

Peanut Butter, Nutella, Honey, Coconut Shavings, Milled Flaxseed, Chia Seeds, Pumpkin Seeds, Sunflower Seeds, Banana, Berries, Granola, Mixed Nuts, Greek yoghurt and Passion Fruit. (additional toppings £1.50 each)

Superfruit Smoothie	£5.50
Made with coconut milk.	
Please ask for flavours.	

#### Allergies

If you have a food allergy or special dietary requirement, please inform a member of our team.

(see the counter for today's

# SOPHIF





info@sophieinyork.co.uk East Lodge · Lendal Bridge · York

### Lunch

Sharing Deli Board

An assortment of the finest Charcuterie including Serrano Ham, Milano Salami, Chorizo, cheddar cheese, mixed olives, sun-dried tomato salad, caramelised onion chutney & ciabatta bread.

<b>Soup of the Day</b> With bakery bread.	£7.50
The Chutney Ciabatta Cheddar cheese, caramelised onion chutney, salad leaves, served with crisps.	£9.00

The Salami Ciabatta	£9.00
Salami meats, mozzarella, pesto, salad leaves,	
served with crisps	

£9.00 Roast Turkey and Cranberry Ciabatta Sliced roasted Turkey, cranberry sauce, salad leaves, served with crisps. -Add melted brie for £2.00

Toasted Brie and Cranberry Melt	£9.00
Toasted ciabatta bread, cranberry sauce, melted brie,	
salad leaves, served with crisps	
-Add Serrano ham for £2.00	

£ 9.00 Toasted Salami Melt Toasted ciabatta bread, salami, chorizo, pesto, salad leaves topped with melted cheese, served with crisps.

All of the above can be served in a Gluten Free toasted pitta.

£5.00

Mediterranean Vegan Wrap £8.00 Olives, spinach, salad leaves, baby peppers, sun-dried tomatoes, cucumber, hummus, served with crisps.

### Snacks Mixed Olives

MINCE CITYES	20.00
Ciabatta bread with	
oil and balsamic	£5.50
Crisps	£2.50
Hummus & Pitta Bread	£5.00

## Cakes/ **Sweet Treats**

Cake Slice ask for today's fresh selection (vegan/GF available)	£3.9
Fruit Scone available with butter.	£ 4 . 0

clotted cream & strawberry preserve.

### **Soft Drinks & Mixers**

	Mixers 200ml	£3.50
	Premium Indian Tonic, Ginger Ale, Refreshingly Light Tonic, Aromatic Blood Orange Soda, Soda Water, Elderflower	Tonic,
	Coca Cola 330ml	£3.80
	Diet Coke 330ml	£3.80
	Fentimans Rose Lemonade	£4.25
	Fentimans Ginger Beer	£4.25
	San Pellegrino Lemon 330ml	£3.50
	San Pellegrino Orange 330ml	£3.50
5	Frobishers Apple Juice	£3.50
	Frobishers Orange Juice	£3.50
	Harrogate Spa Still Water 500ml	£2.80
0	Harrogate Spa Sparkling Water	£ 2 . 8 0
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# **Hot Drinks**

£21.00

Yorkshire Tea	£3.25
Fruit Tea	£3.60
Americano	£3.25
Latte	£3.50
Cappuccino	£3.50
Flat White	£3.70
Mocha	£3.70
SOPHiE Speciality Mocha	£5.00
(choose milk or dark chocolate	
& sea salt)	
Latte Macchiato	£3.90
Iced Coffee	£3.70
Pistachio Latte with whipped cream	£4.25
(also available iced)	
Iced Vanilla Oat Matcha	£4.50
Chai Latte	£4.50
Babycino	£1.50
Hot Chocolate	£4.00

See our Luxury Hot Chocolate menu below

Alternative Milk - 60p

### **Cosy Luxury Hot Chocs**

marshmallows and a flake.

Bueno Hot Chocolate Topped with whipped cream, marshmallows, Bueno sauce and Kinder Bueno pieces.

Nutella Hot Chocolate Topped with whipped cream, marshmallows, Nutella sauce and Nutella biscuit.

Dark Chocolate and £5.00 Hazelnut Hot Chocolate Topped with whipped cream, marshmallows, chocolate sauce and a flake.

£5.00 Topped with whipped cream, marshmallows, toffee sauce and Biscoff biscuit.

### Luxury Milkshakes

Strawberry Milkshake	£4.50
Chocolate Milkshake	£4.50
Vanilla Milkshake	£4.50
Oreo Milkshake	£5.00
Kinder Bueno Milkshake	£5.00
Vegan Luxury Milkshake	£5.50
Choose from Chocolate Strawberry	

or Vanilla.Topped with vegan cream and vegan chocolate.

For our selection of wine, beer, cocktails local gins &

### From the bottle

#### Bottles

Peroni 330ml	£5.00
Corona 330ml	£5.00
Hawkstone Premium Lager 4.8% 330ml	£5.00
Hawkstone Cider 5% 500ml	£5.70
Hawkstone Hedgerow Dark	
Fruit Cider 4% 500ml	£5.70
Hawkstone IPA 4.8% 330ml	£5.00
Alcohol-free beer	£4.90
Brew York Coney IPA	£5.50

#### Prosecco

La Fornarina Prosecco 75cl	£30.00
La Fornarina Pinot Rose Brut 75cl	£30.00
One 4 One Prosecco 20cl	£10.00

#### White Wine (also available in 125ml)

San Giorgio Pi	not Grigio	75cl	£30.00
175ml - £7.75	250ml -	£9.75	
Neptune Point	Sauvignon	Blanc 75cl	£31.50

#### Rose Wine (also available in 125ml)

175ml - £8.00 250ml - £10.75

San	Giorgio	Pinot	Grigio	Rose	75cl	£30.	0 0
175n	nl - £7.	<b>7.5</b> 2	50ml -	£9.7	5		

### Red Wine (also available in 125ml)

Peregrino Merlot 75cl 175ml - <b>£7.75</b> 250ml - <b>£9.75</b>	£30.00
Old Station Malbec 75cl 175ml - <b>£8.00</b> 250ml - <b>£10.75</b>	£ 3 1 . 5 0

#### Champagne

Moet & Chandon Imperial	75cl	£	7	0	0	0
House Champange 75cl		£	5	0	0	0

#### Allergies

Please ask a member of our team for more information before ordering

### **Local Gins**

#### York Gin London Dry

Nine botanicals used for over 300 years form a complex and satisfying classic. Paired with Refreshingly Light Tonic. Garnished with lemon.

#### York Gin Grey Lady

Bergamot from Earl Grey complements juniper and a touch of honey, with lemon citrus and a spiced finish. Paired with Blood Orange soda. Garnished with orange.

#### York Gin Roman Fruit

A juniper-led full-strength dry gin, infused with fruits associated with ancient Rome including strawberry raspberry and apple. Paired with Elderflower tonic. Garnished with berries.

#### Whitby Gin Original

Foraged with sugar kelp, heather and honey for a bold yet balanced flavour. Paired with Refreshingly Light Tonic. Garnished with orange.

#### Rarebird Rhubarb and Ginger

Rare Bird Dry Gin infused with fresh rhubarb and shavings of ginger, elegant, flavoursome and deliciously nostalgic. Paired with Ginger Ale. Garnished with lime.

#### Hedgerow Rhubarb and Raspberry

Made using fresh fruits, where the rhubarb adds a tangy pleasantness and the raspberries give the gin a subtle sweetness. Paired with Elderflower tonic. Garnished with raspberries.

#### York Zero

Classic juniper and coriander notes are complemented by fresh, zesty orange. Paired with Aromatic tonic. Garnished with orange.

Add £3.00 to make any of the above a double

# **Sprits & Liquers**

Martini Dry 50ml		£4.00
Grouse Whisky 25ml		£5.00
Jameson Irish Whisky 25ml		£5.00
Jack Daniels 25ml		£5.00
Southern Comfort 25ml		£5.00
Smirnoff Vodka 25ml		£4.50
Bacardi 25ml		£4.80
Dark Rum 25ml		£4.80
Courvoisier Cognac 25ml		£5.50
Amaretto Disaronno 25ml		£4.60
Baileys Irish Cream 50ml		£5.00
Cointreau 25ml		£4.50
Tia Maria 25ml		£4.50
Gin 25ml	from	£9.00
(various from the bar includ	ding mi	xer)

### Cocktails

	£9.50	<b>Gingerbread Martini</b> Vanilla vodka, Baileys, Kahlúa, gingerbread syrup, cinnamon	£10.00
	£9.50	<b>Salted Caramel Espresso Martini</b> Vanilla Vodka, Kahlúa, caramel syrup, espresso	£ 10.50
		<b>Lendal Bridge Fizz</b> Prosecco, Crème de Cassis, berries	£10.00
	£9.50	<b>Gin Bramble</b> Gin, lemon juice, sugar syrup, Crème de Cassis	£10.50
		<b>Old Fashioned</b> Whisky, bitters, sugar, orange	£10.00
t	£9.50	<b>Spicy Passionfruit Marg</b> Tequila, Cointreau, lime juice, passionfruit, jalapeños	£ 10.50
	£9.50	<b>Passionfruit Martini</b> Vanilla Vodka, Passoã, passionfruit, apple juice, pineapple juice, Prosecco	£10.50
		Aperol Spritz Aperol, York Gin Roman Fruit, blood orange soda, Prosecco	£ 10.50
	£9.50	Winter Berry No-Jito (Non-Alcoholic) Winter berries, mint, lime juice, blackberry, soda	£7.00

### **Winter Warmers**

£8.00

Liqueur Coffee choose from:	£ 9.0
Brandy, Cointreau, Disaronno, E Dark Rum, Irish Whiskey	Baileys,
Served with whipped cream	
Boozy Hot Chocs choose From: Brandy, Cointreau, Disaronno, E Dark Rum, Irish Whiskey	£9.0 (
Served with cream, marshmallo and a flake	ws
Mulled Wine	175ml- £ 6 . 5 0
	250ml-£9.00
York Gin Hot Bram York Gin, blackberry, lemon jui warmed apple juice	





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